

KENNEKUK ROAD RUNNERS

2009 SUMMER FUN RUNS & WALKS

**Every Wednesday
Starting June 3rd through August 5th
(No Run/Walk on July 1st)**

**Kickapoo State Recreation Area Cross Country Course
Meet at the Meadow Shelter near Clear Pond
Start time is 6:15 PM for the 1 mile, 2 mile, & 3 mile runs/walks**

**Free Entry
Ribbons to all finishers**

NOTE: We're tailgating every Wednesday! You bring the meat and Kennekuk will always provide charcoal, chips, soda, paper plates and napkins ...*If you're staying to tailgate, please bring something to share.*

Calendar

June 3: Start of Fun Runs/Walks Season KRR Business Meeting

June 10:

June 17: We're running the Clear Pond Trail, a 3-mile rugged course.

June 24:

July 1: NO Fun Runs/Walks – Have a happy Holiday Week

July 8: KRR Business Meeting

July 15: By this time you should be so familiar with the cross country course that you can run it backwards. So we're running it backwards.

July 22: Tonight we will offer up the option to run the Mountain Goat or the Cross Country Trail. Meet at the top of the hill by the cemetery if you want to run the Goat.

July 29:

August 5: Award & Prize night. Final Run/Walk! Kennekuk will provide pizza!

Your hosts are Julie Zimmerman – 474-3973 and Matt Alsip 317-9606