

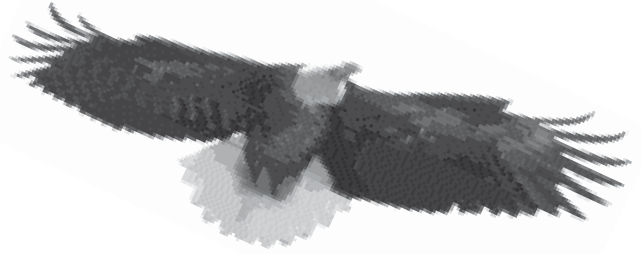
The Kennekuk Road Runners presents the
Soaring Eagle

4 & 8-Mile Run

Benny Branson 2-Mile Walk

Saturday, March 21, 2009

Start 10:30 A.M.



Event Two of Grand Slam 2009

Location

Kennekuk Cove County Park, 3 miles north of Kickapoo State Recreation Area and 5 miles north of I-74. Take Martin Luther King Exit (210) and go east to Henning Road (North). Follow signs to Kennekuk Park. Registration is at The Big Red Barn in the Bunker Hill area,

Course

The course is 70% road and 30% trail. By Kennekuk standards the course is flat. It is a loop course with the 4-milers doing the course once and the 8-milers twice. The 2-mile non-competitive walk starts and ends at the Big Red Barn.

Shirt

100% cotton short sleeve tee-shirt for the walkers.
Soccer style short sleeve shirt for the 4 & 8-mile runners,

Entry Fee

Walk: Postmarked by March 10th no shirt: \$7 & shirt \$14.00
After March 10th & race day: \$10.00 no shirt

Runs: Postmarked by March 10th no shirt \$12.00 & shirt \$20.00. After March 10th & race day \$15.00.

Race day registration opens at 9:00 a.m.

Party

At the Big Red Barn after the race. Bob & Vicky Brown are grilling the food. The Orange & Blue Beer Wagon will be there. KRR will also supply pop & water. Food included with registration fee. Participant guests pay \$3.00 for food. Music, prizes, 50/50 drawings & much more.

Facilities

Outdoor restrooms at the registration site.
Aid stations along the course.

Awards

2-mile: All finishers will receive Eagle Dog Tags.
4-mile: Top 25 Male & Top 25 Female finishers will receive a special Eagle award as they finish.
8-mile: Top 3 Overall Male & Top 3 Overall Female will receive a special award. 8-mile age division awards:

Male

14 & under: 2
15-19: 3
20-24: 3
25-29: 3
30-34: 3
35-39: 4
40-44: 5
45-49: 5
50-54: 5
55-59: 4
60-64: 3
65-69: 2
70+ 2

Female

14 & under: 2
15-19: 2
20-24: 2
25-29: 3
30-34: 3
35-39: 3
40-44: 4
45-49: 4
50-54: 3
55-59: 3
60+ 2

Heavyweight (190+) & Female Warrior(140+)

4 awards each

Special Note

Because of insurance requirements the following are never allowed at Kennekuk events:

Ipods, headsets, rollerblades or skates, baby strollers, and bandits. No dogs on or near the race course.

No refunds or awards mailed.

For more information

Marc & Deb (Race directors): 217-304-1222

Scott: 217-469-2134

Online registration at www.active.com



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MARATHON & BEYOND

Special Member Sponsors:

Bob & Vicky Brown, Dave & Sheryl Krohne, Rex Piercy & Nedra Tilley

Official Use Only

First Name

Last Name

Street

City

State

Zip

Gender

Birth Date (MM/DD/YY)

KRR Member

Weight Division

Heavyweight (190 plus)

Female Warrior (140 plus)

Event

2 Mile Walk

4 Mile Run

8 Mile Run

Shirt Size

None Small Med

Large XL XXL

Make checks payable to:

Kennekuk Road Runners

Mail to:

Soaring Eagle

PO Box 1701

Danville, IL 61834

Entry Fee: KRR subtract \$1.00

2M Walk (No shirts race day)

No Shirt (by 3/10/09) \$7

With Shirt (by 3/10/09) \$14

After 3/10/09 & Race Day \$10

4M Run (No shirts race day)

No Shirt (by 3/10/09) \$12

With Shirt (by 3/10/09) \$20

After 3/10/09 & Race Day \$15

8M (No shirts race day)

No Shirt \$12

With Shirt (by 3/10/09) \$20

After 3/10/09 & Race Day \$15

In consideration of your accepting my entry I hold harmless race sponsors, Kennekuk Road Runners, Road Runners Club of America, Vermilion County Conservation District, Kennekuk Cove County Park, and others associated with this difficult event from all liability for injury to property or person suffered during this event. This is binding upon my heirs, executors and administrators. I also understand my name and/or photograph may be used in conjunction with results or promotions by the Kennekuk Road Runners.

Signature of Participant

Date

Signature of Parent or Guardian if participant is under 18

Date