



The Kennekuk Road Runners  
Present the 31st Annual

# Wild Wild Wilderness 7.45 Mile Trail Run

*Final 2010 Grand Slam Event!*  
*Awards presented at Post-Race Party*

**Sunday, September 26, 2010 at 10:00 a.m.**  
**Kickapoo State Recreation Area**

## Location

Join us at Kickapoo State Recreation Area, west of Danville, Illinois. Take I-74 to Exit 206 or 210 and follow the signs to the park.

## Course

The race starts at 10:00 a.m. The 7.45 mile course, which is 95% trail, heads east out of the park before turning into the woods, where the adventure really begins. You will climb and descend steep hills, cross creeks and bridges, and if you are lucky, see deer and other wildlife. This is a scenic and challenging run.

## Race Director

Kevin Stroud, kevin@nexlan.com or 217.446.5760 (evenings)

## Pre-Registration

Complete the form on the back of this flyer or register online with the link at <http://kennekuk.com>. Pre-registered runners may select a beautiful, long-sleeve T-shirt. To guarantee a shirt, entry must be postmarked by September 17, 2010.

## Race Day Registration

Registration located at the Meadow Shelter in the northeast corner of the meadow area used for parking and near the finish area. Race Day entries accepted from 8:30 a.m. to 9:30 a.m.

## Hotel

The Days Inn Danville, 217.443.6600

## Camping

Kickapoo has two major campgrounds for tent and trailer camping, with 184 sites. About half the sites have electrical hookups. Two shower buildings and a sanitary dump station are available. A limited number of walk-in sites are available for primitive campers, but several campsites can be reserved by writing the site or by applying in person. All campers must obtain a camping permit before entering the campgrounds. For more information go to: <http://dnr.state.il.us/lands/Landmgt/parks/r3/kickapoo.htm>

## Regulations

No bandits, radios, strollers, or dogs are allowed. No shirts or awards will be mailed. No refunds. You must be present to win drawing prizes during post-race party.

## Special Thanks

Please join us in thanking the Kickapoo State Recreation Area Staff, all of our dedicated volunteers, and our loyal sponsors.



## Post-Race Party

The awards presentation and post-race party are held at the registration area. Enjoy Pepsi, Coors Light, Miller Lite, great food from Diamond Jim, prizes, and music.

## Awards



Kennekuk Trophies plus special awards from Body 'n' Sole will be

presented to the:

- top 3 men and top 3 women
- first male and female masters
- first male and female grandmasters
- top Heavyweight (190-209 lbs)
- top Super Heavyweight (210 lbs +)
- top Amazon (female 140 lbs +)

Additional awards will then be presented to the top 3 men and top 3 women in each of the following age groups:

00-19	30-34	45-49
20-24	35-39	50-54
25-29	40-44	

Plus Women 55+ & Amazon and Men 55-59, 60-64, 65+, Heavyweight & Super Heavyweight (Amazon, Heavyweight, and Super Heavyweight winners are excluded from age group awards)

This is also our final 2010 Grand Slam Event, and awards will be presented at the post-race ceremony.

# Join us in supporting our sponsors



Alan L. Puzey  
Agent

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Member Sponsors  
Jerry Cunningham  
Ed & Julie Zimmerman

**KRR presents WILD 2010**

Pre-entries must be postmarked by September 17, 2010

Official Use Only

**Please Print Legibly - 1 form per person**

First Name																Last Name															
Street																															
City																State			Zip												
Gender	Date of Birth (mm/dd/yy)	Age	KRR Member	Email Address																											
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																												

**Weight Divisions**

Heavyweight (190-209 lbs)

Super Heavyweight (210+lbs)

Amazon (Female) (140 +lbs)

**Shirt Size**

None  Small

Med  Large

XL  XXL

Make checks payable to:  
Kennekuk Road Runners  
Mail to: Wilderness 2010  
Kennekuk Road Runners  
PO Box 1701  
Danville, IL 61834

**Entry Fee: KRR members deduct \$1**

No shirt \$15

With shirt \$25

After Sep 18 or on Race Day (No Shirt!) \$20

In consideration of my participation, I hold harmless race sponsors, Kennekuk Road Runners, Kickapoo State Recreation Area, Illinois Dept. of Conservation and others associated with this difficult event from all liability for injury to property or person suffered during this event. This is binding upon my heirs, executors and administrators. I also understand my name and/or photograph may be used in conjunction with results or future promotions of this event.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_ Signature of Parent/ Guardian if participant is under 18 \_\_\_\_\_ Date \_\_\_\_\_